

Cooperative Extension's Educational Responses to Relative Caregivers' Needs and Concerns: State and Local Networks and Resource List*



The Cooperative State Research, Education and Extension Service, a federal agency in the U.S. Department of Agriculture, works through state and local partnerships to create and disseminate knowledge in numerous areas. Families, youth and communities is one programming focus. This topic area includes "relative caregiving," also referred to as "grandfamilies," "kinship care," and "grandparents and other relatives raising children." Following an Extension-sponsored national satellite program entitled *Grandparents Raising Grandchildren: Implications for Professionals and Agencies (1999)*, state and local Extension staff responded to the needs of relative caregivers by becoming involved in community partnerships and by developing educational resources. This resource list links to available materials and highlights the various roles and responsibilities Extension staff have within their state and communities related to relative caregiving. Content is categorized by its national or state reach. State initiatives are further subdivided by Extension's involvement in a state or local network, the educational programs developed, and/or other resources created. Twenty-eight states and the District of Columbia are currently listed.

National

www.eXtension.org

eXtension, www.extension.org, provides Internet visitors with reliable, up-to-date information on a variety of topics, including grandparents raising children. eXtension is an online community where Extension educators from over 70 universities in the land-grant university system develop and disseminate research-based information and resources to the public.

The eXtension family caregiving content area (http://www.extension.org/family+caregiving) provides information and resources for any adult providing care for someone older than 18 who is frail, disabled or unable to care for himself or herself. The information is divided into eight areas: caregiving and disasters, employed caregivers, financial management, health, housing, nutrition, relationships and psychosocial well-being, and rural family caregiving.

Materials include research-based, peer-reviewed articles, fact sheets, learning activities, linkages, and answers to commonly asked questions. The site complements the work of Cooperative Extension System educators in more than 3,000 counties throughout the United States and is customized with links to local extension sites.

Satellite Broadcasts

Wisconsin and Indiana Extension provided leadership to two national satellite programs. The first in 1999 was entitled *Grandparents Raising Grandchildren: Implications for Professionals and Agencies*. The broadcast was re-packaged into a 3-session educational package entitled *Grandparents Raising Grandchildren Educational Program*. The website is http://www.uwex.edu/ces/gprg/gprg.html

The second program, *Grandparents Raising Grandchildren: Legal and Policy Challenges*, aired in 2001. The broadcast was repackaged into a video-based program designed for

presentation to grandparents and relatives raising grandchildren, the professionals and paraprofessionals who work with them, and interested community members. The program consists of a videotape and a CD ROM, which contains background information for the facilitator plus detailed lesson plans and handouts. To order, visit http://www.extension.purdue.edu/cfs/programs/grandparents/index.htm

Partnerships with the Brookdale Foundation

The Brookdale Foundation Relatives as Parents Program (RAPP) was initiated in 1996. RAPP is designed to encourage and promote the creation or expansion of services for grandparents and other relatives who have taken on the responsibility of caregiving. The program awards seed grants of \$10,000 over a two-year period in two categories: local agencies and state public agencies. Requests for Proposal are released annually in the Fall at http://www.brookdalefoundation.org/relativesasparents.htm

Cooperative Extension has received Brookdale Foundation grants to develop support groups and educational programs at state and local levels dating to 1996. Figure 1 details Brookdale grants in which Extension was identified as a lead organization or a partner. Extension staff are also involved at state and local levels with other Brookdale Foundation projects, where they are not identified as a lead organization.

Figure 1.

Statewide Grants		Local Grants	<u>}</u>	
District of Columbia	2008	New Hampshire		2008
Missouri	2008 and 2003	North Carolina Rutherfold Cty		y 2008
Montana	2003	Missouri	Clayton	2007
Oregon	2003	New York	Dutchess Cty	2007
Alabama	2002		Ontario Cty	2004
Indiana	1999		Orange Cty	2004 and 1998
West Virginia	1999		Tioga Cty	2002
Wisconsin	1998	Arizona	Coconino	2004
North Carolina	1996			

^{*} List originally compiled in 2004 by Mary Brintnall-Peterson, Program Specialist in Aging, UW-Extension and Dena B. Targ, Extension Specialist, Purdue University. Revised and updated August 2008 by Marcus Mitchell, Intern, and Brent Elrod, Program Specialist – Family Science, Cooperative State Research, Education, Extension Service, United States Department of Agriculture. The list is limited to Extension-related programming and is not exhaustive. Send changes and additions to Brent Elrod at belrod@csrees.usda.gov

Alabama

State Network

The Alabama Cooperative Extension System provides a statewide information network for kinship care providers. The network has established a statewide coalition with the Area Agency on Aging, AARP, and the Department of Human Resources. The state coalition provides financial support and educational services to local communities to assist them in forming local support groups based on a state model. The state model offers community information meetings with speakers, an attorney specializing in the needs of senior citizens, and educational seminars.

Contact: Wilma Ruffin, Development Specialist (256) 858-4960 or wruffin@acesag.auburn.edu http://www.aces.edu/urban/FamilyWebsite/RAPP.html

Arizona

Local Network

The Grandparents Raising Grandchildren in Southern Arizona Coalition is a group of grandparents and other relative caregivers raising children, and service providers in Pima, Maricopa, Coconino, and Cochise counties. Sponsored by the University of Arizona Cooperative Extension, the coalition provides referrals to Arizona kinship care families, including information on legal options, parenting skills, community food banks, support groups, school resources, and wellness centers. The coalition has also developed a kinship care resource manual and conducted statewide conferences.

Linda Block, University of Arizona Cooperative Extension, Pima (502) 626-5161 or lblock@ag.arizona.edu http://www.ag.arizona.edu/grandparents

Local Network

Kinship Kare of Northern Arizona, a program of the University of Arizona Coconino Extension, has provided education, support and advocacy for grandparents raising grandchildren since 2002. The program was recognized as a 4-H Program of Distinction in 2007. Access their Impact Statement at http://cals.arizona.edu/impacts/2005/2_4.html

Beth Tucker, Director, Arizona Cooperative Extension, Coconino Office (928) 774-1868 or tucker@ag.arizona.edu

Education Programs

The Kinship and Adoption Resource & Education (KARE) Family Center is a "one-stop" multiservice center in Tucson, Arizona. The program, a partnership of the Arizona Children's Association and Casey Family Programs, Arizona Field Office, in collaboration with the University of Arizona Cooperative Extension, the Arizona Department of Economic Security and the Pima Council on Aging, serves the greater Tucson metropolitan area and Pima County. KARE provides legal information and assistance, access to financial support and emergency aid, support groups for caregivers and youth, case management, respite and afterschool programs for youth, parenting education, library access, advocacy and volunteer opportunities. Grandparents and other relatives raising children as well as adoptive families

inside and outside of Arizona's foster care system are eligible. All services are free and major services are provided in English and Spanish.

Laurie Melrood, Director (520) 323-4476 or kares@arizonaschildren.org http://ag.arizona.edu/grandparents/southern/kare/index.html

Resources

Arizona Cooperative Extension developed a logic model: Program Development and Assessment for Grandparents Raising Grandchildren, online at http://cals-cf.calsnet.arizona.edu/exact/proposals/pdf/LM61.pdf

Training manual for grandfamilies support groups available at http://ag.arizona.edu/grandparents/southern/support_group%20_training.pdf. The *Grandparents Raising Grandchildren Resource Notebook* is available at http://ag.arizona.edu/grandparents/southern/resource_book/index.html

Kinship Kare of Northern Arizona, a Cooperative Extension-based collaboration with community agencies, developed a Mentoring Curriculum.

Beth Tucker, Director, Arizona Cooperative Extension, Coconino Office (928) 774-1868 or tucker@ag.arizona.edu

California

Resources

University of California Cooperative Extension has produced *Grandchildren Raised by Grandparents - A Troubling Trend*. The publication describes the demographic distribution of grandchildren living in grandparent households in California and how it standardizes prevalence rates by county and sets priorities for health and human service needs for grandparents and the grandchildren under their care. Available at http://californiaagriculture.ucop.edu/0102MA/pdfs/grands.pdf

Numbers Rising: More Grandparents Raising Grandkids addresses how the costs and tasks of raising children who themselves may have emotional, learning or physical disabilities can create an urgent challenge for health and human services planners to develop education, training and support programs to serve children at risk and their caregivers. Visit http://ucanr.org/delivers/impactview.cfm?impactnum=210&mainunitnum=0

Mary Blackburn, Family and Consumer Sciences Advisor (510) 639-1274 or mlblackburn@ucdavis.edu

Colorado

Local Network

The Weld County Grandparents Raising Grandchildren task force formed after Cooperative Extension's 1999 satellite broadcast. In addition to the Colorado State University Extension Services – Weld County, partners include the local Area Agency on Aging. Activities of the group of agencies and grandparents include revision of the *Legal Guide Book for GRG*, free

evening legal topic presentations with attorneys followed by individual time for private consultations; picnics, conferences, support group development; resource guide to assist in referrals; radio, television, booths, newsletter and news column in senior newspapers written by agency professionals. A team of Colorado State University Extension professionals is creating a website that is scheduled to launch November 2008. The Weld County Area Agency on Aging chairs the Task Force's projects. The program is a 2005 award winner in the n4a Aging Innovations and Achievement Awards.

Donna Liess, Family and Consumer Science Agent (970) 356-4000 Ext. 4480 or dliess@co.weld.co.us

Education programs

As an extension of a grant from the Alcohol and Drug Abuse Division of the Colorado Department of Human Services for parenting education, Colorado State University Extension provides technical assistance on program development, a train the trainers curriculum (utilizing "Parenting the Second Time Around"-see MI), grandparenting classes and program evaluation.

Christine Cerbana, Colorado Family Education, Resources and Training Project Director (970) 491-12101 or christine.cerbana@colostate.edu

District of Columbia

State Network

The University of the District of Columbia Cooperative Extension Service, in partnership with the Child and Family Service Division, received a Brookdale Foundation Relatives As Parents Program grant in 2008 to create a statewide taskforce and information network for grandparents and other relatives raising children. The network is in the process of establishing a statewide coalition with the Area Agency on Aging, AARP, DC Institute of Gerontology, Generations United, The National Association of Former Foster Care Children of America, the Department of Human Services, DC Public Schools and grandparent caregivers. The state coalition provides financial support and educational services to local communities to assist them in forming local support groups based on a state model. Sponsored by the University of the District of Columbia Cooperative Extension, the coalition provides educational workshops for District of Columbia kinship care families, including information on legal options, parenting skills, financial planning, support groups, school resources, youth leadership and recreational programs.

Jaime Brown, Extension Agent / Relatives as Parent Program Supervisor (202) 274-7136 or (202) 274-7115 jsbrown@udc.edu

Florida

Resources

Grandparents Raising Grandchildren: Understanding Behavior, Understanding Relationships, and Navigating the System, written by Millie Ferrer, Department of Family, Youth and Community Services.

Millie Ferrer

(352) 846-1003 Ext. 233 or ferrer@ifas.ufl.edu http://edis.ifas.ufl.edu/TOPIC Raising Children Select "Grandparents Raising Grandchildren series"

Georgia

Resources

Grandparents Raising Grandchildren Publication Series includes fourteen publications that address a variety of parenting issues facing grandparents raising grandchildren. The series covers topics that include: helping grandchildren make the transition to your home, dealing with abuse and neglect, helping grandchildren stay in contact with their parents, helping grandchildren deal with the death of a parent, and finding legal and community assistance. The series also includes issues on infants and toddlers and on the teenage years.

Diane Bales

(706) 542-7566 or dbales@arches.uga.edu

http://www.fcs.uga.edu/newfacs/ext/pubs/families.php?category=Youth%20 and %20 Adolesc ent%20 Development

Hawaii

State Network

Na Tutu ("grandparents") is a coalition of grandparents and other relative caregivers and several state and community agencies serving kinship care families, including Hawaii AARP, the University of Hawaii Cooperative Extension Service, the Honolulu Elderly Affairs Division, and Parents and Children Together. The coalition started in 1999 in response to a video teleconference on kinship care issues convened at the University of Hawaii's College of Tropical Agriculture and Human Resources Cooperative Extension Service. The Coalition has been instrumental in bringing medical and educational consent laws before Hawaii's state legislature and continues to bring legislative attention to other kinship care-related policy and service initiatives. Na Tutu is an advocacy group and does not provide direct services.

Jacqueline T. Chong, Chair (808) 239-8908 or chongj001@hawaii.rr.com

The Hi'i Na Kupuna Grandparents Coalition serves the islands of Maui, Moloka'i and Lana'I, and is comprised of educational and service providers that offer support to grandparents raising grandchildren.

Heather Greenwood, University of Hawai'i Cooperative Extension (808) 244-3242 ext 226 or greenwoodh@ctahr.hawaii.edu

Idaho

State Network

The Idaho Kincare Coalition promotes legislative and social change through advocacy and education and provides social supports needed by grandparents and other relatives raising children. Members include the Idaho Commission on Aging, AARP, Idaho Department of Health and Welfare, University of Idaho Extension Services, Idaho State Bar Association,

Head Start, as well as other child advocacy organizations like the Family Advocate Program, relatives as parents support groups, Area Agencies on Aging and others.

Information on the Coalition is available at www.isp.state.id.us/DEC/documents/Kincare.pdf A list of Idaho support groups is at http://www.idahoaging.com/programs/ps_GAPsupport.htm Pam Catt-Oliason, Idaho Commission on Aging (208) 334-3833 or pcattoli@aging.idaho.gov

Education Programs

The University of Idaho Cooperative Extension sponsors several programs to educate kinship care families about the benefits and services available to them. The Cooperative Extension incorporates grandparents raising grandchildren into many of its educational programs, including parenting and nutrition education programs. It has also hosted downlinks to the two national videoconferences on Grandparents as Parents.

Harriet Shaklee, Margaret Ritchie School of Family and Consumer Sciences, University of Idaho Cooperative Extension (208) 364-4016 or hshaklee@uidaho.edu

Resources

A Powerpoint presentation was developed to aid in support group leader training or in delivering presentations to community groups. The presentation outlines the specific challenges faced by grandparents and other kin raising children.

Diana Christensen, Extension Educator, Gooding County, Idaho (208) 934-4417 or dianac@uidaho.edu

Grandparent's Raising Our Children's Children, written by Doris Williams of the University of Idaho School of Family and Consumer Sciences, is a 72-page, 5 1/2 x 8 1/2 inch, book designed for both second-time parents and social welfare professionals for use in educational or training programs. 2000 BUL 823 Order# 1188 Price: \$5.00 http://info.ag.uidaho.edu:591/catalog/FMPro?-db=catalog1_&-lay=generic&-format=list2.html&Category2=Marriage%20and%20Parenting&-sortfield=Title&-max=25&-find

Eighteen *Tip Sheets* with helpful suggestions and lists of statewide resources on topics from healthy eating to youth suicide. These are topics of concern to grandparents raising grandchildren and are tailored to their situation. The tip sheets are also used for support group leader training. Topics include: Support Groups, Depression, Youth at Risk for Suicide, Poison Prevention, Keeping Kids Safe When They Ride With You, Child Sexual Abuse, Healthy Eating For Your Child, Early Childhood Information Clearinghouse, Parent Information and Resource Center, Children's Health Insurance Program, National Alliance for the Mentally Ill (NAMI), Is Your Child Ready to Stay Alone?, and Idaho-specific content. Copies upon request.

Diana Christensen, Extension Educator, Gooding County, Idaho (208) 934-4417 or dianac@uidaho.edu or visit http://www.idahoaging.com/programs/ps_caregiverGAP.htm

Illinois

State Network

The Illinois Task Force on Grandparents Raising Grandchildren works to locate, assist and promote awareness of older caregivers who are currently raising their grandchildren.

http://www.state.il.us/aging/1intergen/grg.htm or the Illinois Department on Aging's Senior HelpLine 800-252-8966

Resources

The *Grandparents Raising Grandchildren Information Series* provides easily accessible information to grandparents raising grandchildren. There are eleven pamphlets in all, with a variety of ordering options to meet individual or agency needs. Each pamphlet contains brief, to-the-point information and emotional support in an easy-to-read format. The series is available in two sets that contain one pamphlet each of several topics, or order a package of 25 copies of any one topic. Set 1 is also available in Spanish.

For more information on the topics in each set and to order, go to University of Illinois Pubs Plus at https://pubsplus.uiuc.edu/SET130.html Scroll down to access Set 2 from this page.

Parenting Again, over 30 archived statewide newsletters, can be accessed at http://www.urbanext.uiuc.edu/grandparents/index.html

Indiana

State Network

Purdue University Extension helped initiate the Indiana Relatives as Parents Program to assess the needs of kinship care families and develop support groups across the state. Ginny Morris, Division of Aging, Indiana Family and Social Services (317) 232-1731 or ginny.morris@fssa.in.gov

Resources

Grandparents Raising Grandchildren: Legal and Policy Challenges is a three-session, video-based program designed for presentation to grandparents and relatives raising children, the professionals and paraprofessionals who work with them, and interested community members. The program was adapted from the videoconference, Grandparents Raising Grandchildren: Legal and Policy Issues, produced by University of Wisconsin-Extension and Purdue Extension, and broadcast February 2001. Portions of the background information for the facilitator were adapted from the Grandparents Raising Grandchildren Educational Program, developed by UW-Extension, Purdue Extension, and AARP.

To order, visit http://www.extension.purdue.edu/cfs/programs/grandparents/index.htm

A series of factsheets entitled *Relatives As Parents: Answer to Basic Concerns* (RAP: ABC's) is online at http://www.ces.purdue.edu/cfs/topics/HD/resources.htm#RAPFactSheets

Kansas

Resources

Grandparents as Caregivers: Heartbreak and Hope is a fact sheet on grandparents taking primary caregiving responsibility for their grandchildren. Download the publication at http://www.oznet.ksu.edu/library/famlf2/mf2744.pdf

Charles Smith, Extension Specialist, Kansas State University (785) 532-5773 or casmith@ksu.edu

Michigan

Resources

The Second Time Around Program, provided through the Michigan State University Extension, is a support program for grandparents raising grandchildren. Grandparents are invited to participate in an eight-week, curriculum-based information series.

Joyce Stout, Coordinator (616) 383-8830 or stoutj@msue.msu.edu http://kalcounty.com/msue/grand/index.htm

Missouri

State Network

The University of Missouri Extension Service addresses a wide variety of aging and intergenerational issues, including barriers facing Missouri kinship care families. In addition to sponsoring national teleconferences on kinship care issues, they also provide information, resources, and referrals to kinship care families across Missouri.

ParentLink, part of the University of Missouri Extension, has a toll-free warm line for Missouri residents, including relatives caregivers. Staff provides information on questions pertaining to any parenting topic and leads a statewide coalition. ParentLink also received a

2007 Brookdale Foundation Grant to create a web-based program called "A Backpack of GrandIdeas."

Meg Roodhouse, Family Support Specialist (573) 884-4382or roodhousem@missouri.edu
ParentLink website for more information on Relatives as Parents: http://extension.missouri.edu/parentlink/grandlinker.htm

Local Networks

The Gateway Grandparents/Kinship Network is a coalition of agencies located in the St. Louis Metro Area facilitated by Elizabeth Reinsch through her role as Human Development Specialist for the University of Missouri Extension. Formed after the 1999 satellite broadcast, the coalition hosts conferences and workshops, maintains a resource guide, sends a quarterly newsletter to over 600 individuals, and conducts outreach through the media. In 2007 this coalition received a regional grant from Brookdale Foundation Group to increase new support groups in the St. Louis Metro area.

Elizabeth Reinsch, Human Development Specialist (314) 615-7605 or reinsche@missouri.edu http://extension.missouri.edu/ecregion/grandparent

Helping Others Parent Effectively (HOPE) is a partnership between Crawford and Franklin County extension services to provide support to grandparents and other relatives raising children. A task force also meets every other month to talk about issues confronting relative caregivers.

Pat Snodgrass (573)775-2135 or snodgrassp@missouri.edu

Butler Country-University of Missouri Extension Center hosts a Grandparents Raising Grandchildren Support Group for relative caregivers from Butler, Ripley, Wayne, and surrounding counties.

Phyllis Flanigan (573) 686-8064 or flaniganp@missouri.edu

Cape Girardeau County University of Missouri Extension hosts a Grandparent Raising Grandchildren Support Group.

Mary Goschem (573) 243-3581 or goschem@missouri.edu

The Mississippi Country University of Missouri Extension hosts a support group.

Mary Engram (573) 683–6129 op engramm@missouri.edu

Resources

ParentLink hosted an Interactive Television Event in 2008. Materials developed for this event are at http://extension.missouri.edu/parentlink/grandlinker.htm

ParentLink/University of Missouri have developed the following fact sheets for Relatives as Parents:

- Grandparents as Caregivers Common Questions
- Tips for School Success
- Making Time for Family: Balancing Media Consumption
- When a Child's Parent Is Incarcerated
- Helpful tips for grandparents and caregivers: Talking with young people about sex
- Questions and Answers About Methamphetamines

Available at http://extension.missouri.edu/parentlink/guidesheets/index.htm

Getting Started resource and information guide for the St. Louis Metro area is available at http://extension.missouri.edu/ecregion/grandparent/resourceguide.shtml

Montana

State Network

The Montana Grandparents Raising Grandchildren Project is a partnership of organizations and agencies across the state dedicated to supporting grandparents who are parenting a second time around. The project helps start local support groups, produces fact sheets and newsletters, convenes conferences, and facilitates the dissemination of resources. Support group facilitators are trained using the Cornell University *Parenting the Second Time Around* curriculum (see NY). Montana State University Extension hosts a dedicated website.

Sandra Bailey, Family & Human Development Specialist, MSU Extension 406-994-6745 or baileys@montana.edu http://www.montana.edu/wwwhd/grg/

New Hampshire

Education Programs

The University of New Hampshire (UNH) Cooperative Extension and the state AARP office lead NH RAPP, using funding from the Brookdale Foundation. The partners offer parenting education to kinship caregivers and others throughout the state through age-paced newsletters on infant and toddler care and development, workshops on child development and parenting issues, and parenting fact sheets and publications. Videos of the national Extension network's satellite conferences on the needs of grandparents raising grandchildren are available through UNH Cooperative Extension offices in each of the state's 10 counties.

Thom Linehan, Extension Educator, Family & Consumer Resources, Merrimack County, UNH Cooperative Extension (603) 225-5505 or tlinehan@ceunh.unh.edu http://extension.unh.edu/Family/NHRAPP/RAPP.htm

New Jersey

Local Network

The Passaic County Grandparents as Parents Task Force was formed as a result of Rutgers University Cooperative Extension hosting the 1999 Grandparents Raising Grandchildren videoconference. The task force is a network of health and human services professionals, grandparents, agency representatives, and elected officials, that help identify the needs of non-parental adults raising children, recommend programs, identify public policy issues, and recommend legislative changes. The task force meets monthly. Grandparents have organized a support group that meets monthly. A bilingual resource guide has been developed. Two thousand copies were distributed. The grandparents are organizing so that the group can become a 501C3 non-profit organization. The group will be exploring funding resources for developing respite opportunities. Cooperative Extension partners with the Institute for Creative Aging of William Paterson University and the Passaic County Department of Social Services.

Maria Young, County Extension Department Head, Passaic County, New Jersey (973) 305-5742 or young@rce.rutgers.edu

Education programs

Rutgers University Cooperative Extension's Grandparents Raising Grandchildren Program offers quarterly group meetings for grandparents and the children and publishes a quarterly newsletter.

Marilou Rochford, Family & Community Health Sciences Educator, Cape May County (609) 465-5115 or rochford@njaes.rutgers.edu

Resources

Grandparents as Parents—Concerns, Challenges, and Directions for Support available at http://njaes.rutgers.edu/pubs/publication.asp?pid=fs218
Grandparents as Parents—Exploring Resources available at http://njaes.rutgers.edu/pubs/publication.asp?pid=fs255

New York

State Networks

The New York State Kincare Coalition supports kinship families by focusing on strategies to help them raise their children successfully. Developed in coordination with the AARP Foundation and utilizing funding from the New York Life Foundation, the coalition is comprised of over 90 members, including Extension. Read the 2008 publication: *Kinship Care in New York: A Five Year Framework for Action* at http://www.nysnavigator.org/files/sf/2008_aarp_kincare_report.pdf

AARP NY State Office, 780 Third Ave., 33rd Floor, NY, NY 10017 (866) 227-7442, nyaarp@aarp.org

The New York State Kinship Caregiver Program, operated through the New York State Office of Children and Family Services (Bob Resnick, Program Coordinator 518-402-6775), delivers a wide range of services that address the multiple needs of grandparent and relative

caregivers and the children in their care. There are currently thirteen community based programs directly serving consumers in New York State, with one NYS Extension program represented: Orange County/ the Hudson Valley Regional RAPP Program.

Denyse Variano, Senior Extension Resource Educator, dav4@cornell.edu or Brenda Reynolds, RAPP Program Coordinator, br23@cornell.edu or (845) 344-1234

The NYS Kinship Navigator provides resource and referral and educational reprints and columns for relative caregivers and their families. Extension staff contributes to the *Family Life* column.

Rachel Pellegrino or Gerard Wallace, (877) 454-6463, or visit www.nysnavigator.org

Education Programs

Cornell Cooperative Extension offers parenting education, youth development and support services to kinship caregivers and the children in their care through a variety of formats, as part of their Human Development/ Family Consumer Sciences and 4-H Youth Development Programming. Currently 21 counties provide kinship care programming or supports, with 15 trained in the *Parenting the Second Time Around (PASTA) Program*. Counties providing some direct educational services include: Albany, Allegany, Dutchess, Greene, Livingston Onondaga, Ontario, Orange, Rensselaer, Schuyler, Tioga, Ulster, Nassau, Suffolk and Ulster.

Contact local Extension office for existing services, or the Cornell Parenting Work Team leader, Rachel Dunifon, red26@cornell.edu

The Hudson Valley Regional RAPP Program, developed through CCE-Orange County, serves caregivers with educational programs, resource and referral, support services, youth programs, mental health and legal consultation in Orange, Dutchess and Ulster Counties.

Denyse Variano dav4@cornell.edu or Brenda Reynolds br23@cornell.edu at (845) 344-1234

Resources

The Support Group Phone Survey/Evaluation Tool is a concise phone survey designed to assess the effectiveness of the RAPP support program. Topic areas include resource knowledge, parenting skills, support and coping skills.

Denyse Variano dav4@cornell.edu or Brenda Reynolds, br23@cornell.edu at (845) 344-1234

Help for Grandparents Raising Children with Developmental Disabilities is written by Janette Dennis Cohen, Family and Youth Development Specialist/Assistant Director. To order copies of the curriculum, contact the New York State Office on Aging at http://www.aging.ny.gov_or call (800) 342-9871

Parenting the Second Time Around (PASTA) (authors: Birckmayer, J., Variano, D. Jensen, I, and Cohen, J, with legal section by Wallace, G.) is a nationally award-winning curricula designed specifically for grandparents and relatives who are parenting relative children. Eight workshops comprise this series, including information and skills development in child development, positive discipline, living with adolescents, parent-child communication and

self-help and advocacy. Professional training has been developed for educators interested in offering this program series.

Denyse Variano or Isabelle Jensen, dav4@cornell.edu or idj1@cornell.edu To order: Cornell University Press Services, 750 Cascadilla St., Ithaca, NY 14850 (800) 666-2211; Fax: (607) 277-6292, http://www.orderbook@cupserv.org

Research briefs on "Relatives as Caregivers," "Characteristics..." and The Hudson Valley Regional Relatives as Parents Program" are available at http://www.parenting.cit.cornell.edu/research_briefs.html

Cornell Cooperative Extension of Ontario County publishes a monthly newsletter, *Caring for Kids*. Contract for a white master copy is available across the state to local Cooperative Extension offices. The cost is \$270. The publication can be used with local programs reaching out to parents/caregivers with children birth to age ten. Eleven issues (November/Decembers is a combined issue) are distributed to those who need a quick, practical, research based, low cost, low hassle for big impact, newsletter.

Isabelle Jensen (585) 394-3977 Ext. 23 or idj1@cornell.edu

The Relatives as Parents Program-Resource Guide: A Guide to Supportive Services in Orange County, is an easy to use resource guide describing specific local services and state and federal supports pertinent to relative caregivers and their families.

Brenda Reynolds, br23@cornell.edu, 845-344-1234
Also located on the CCE-Orange website at
http://counties.cce.cornell.edu/orange/RAPP_ResourceGuide06.pdf Similar guides may be
found through other Extension offices, including Dutchess, Sullivan, and Ulster counties.
The NYS Navigator has links to all resource guides produced in the state at
http://www.nysnavigator.org/county/

NYS Kinship Navigator poster and outreach flyers, advertising statewide information and resources for caregivers, including topics: kinship law, financial assistance, personal rights, and special resources. Rachel Pellegrino (877) 454-5463, www.nysnavigator.org

RAPP brochure and poster, used as marketing tools for RAPP. Brenda Reynolds (845) 344-1234 or br23@cornell.edu

North Carolina

State Network

North Carolina Cooperative Extension has been a leader on issues pertaining to grandparents raising grandchildren (GRG) since the early 1990s. In addition to developing and training a network of Family and Consumer Science and 4-H field faculty to provide programming in this area, Extension has built strong and lasting collaborative relationships with the NC Division of Aging and Adult Services (NCDAAS), the 17 Area Agency on Aging Family Caregiver Specialists, NC AARP, and the Grandparenting Program at Winston-Salem State

University. In 2001, Extension joined with NCDAAS as official co-leaders of a Statewide Relatives as Parents Program for the Brookdale Foundation. In this role, Extension serves as liaison with Brookdale and organizations in the network, receives and answers or refers questions from consumers and professionals, represents grandparent caregiver interests on a variety of committees and projects and at state and national meetings, and initiates public awareness activities. Training for Extension professionals, professionals in the aging network and professionals outside the aging network who encounter grandfamilies in work with children, youth and families is also provided.

Luci Bearon, Adult Development/Aging Specialist (919) 515-9146 or luci_bearon@ncsu.edu

Education Programs

Programming related to grandparents raising grandchildren has been included in the goals and objectives of existing and long-range plans of NC Cooperative Extension since 1995. At the state level, county Family and Consumer Science (FCS) and 4-H field faculty receive inservice training and technical assistance to help them develop educational sessions or series or adapt existing curricula for local audiences. Other activities have included national leadership on a project for the National Network for Family Resiliency to develop a collection of educational resources and website on GRG, state leadership for participation in two national Extension training video teleconferences, and development of a six-month advanced training institute with the NCSU Department of Social Work on family caregiving issues including GRG, with funding from the Institute for Geriatric Social Work at Boston University and from the Brookdale Foundation state-level RAPP.

At the county level, several NC Extension field faculty have chosen to work in this content area. Some of their efforts have included receipt of grant funding to develop financial education for GRGs, newsletter and resource guide development, conduct of exhibits at elder fairs, health fairs and school events, participation as speakers or panelists at local, state and national presentations, and collaborations with local and regional partner agencies and organizations. Over the years, field faculty in an estimated 20-25 counties have done public educational series on legal, financial, parenting and/or coping issues, and in a number of cases education-based support groups/activities for GRG and children. A few of the county GRG programs have been running on a recurring or continuous basis for several years. In 2008, the program in Rutherford County, which features a grandparent council and collaborative programming involving FCS, 4-H and Agriculture field faculty, was awarded a Brookdale RAPP grant to enhance its well-established program.

Tracy Davis, Rutherford County Family & Consumer Sciences Extension Agent (828) 287-6010 or tracy davis@ncsu.edu

For information on additional program models: Luci Bearon at luci_bearon@ncsu.edu

Resources

Grandparents and Other Relatives Raising Grandchildren: A Resource Guide for North Carolina (2004), authored by NC Cooperative Extension, NC AARP and other collaborative organizations, published and printed by NC AARP, is available at http://assets.aarp.org/www.aarp.org/articles/states/NCGrandparentGuide2.pdf

North Dakota

Resources

When Grandparents Become Parents to Their Grandchildren, written by Deb Gebeke, Family Science Specialist, explains how influential grandparents are when they assume the role of the parent for their grandchildren and how they feel a greater sense of purpose in life because of their caretaking responsibility.

Sean Brotherson, Extension Family Science Specialist (701) 231-6143 or sbrother@ndsuext.nodak.edu http://www.ext.nodak.edu/extpubs/yf/famsci/fs561w.htm

Ohio

Resources

An *Ohio Directory of Resources* on child care, clothing, education, employment, family support services, financial assistance, health care, hunger, housing and homelessness, and legal issues is available at http://sandusky.osu.edu/family-consumer-sciences/grandparents-raising-their-grandchildren

A fact sheet entitled *Grandparents Raising Their Grandchildren* provides numbers and information on where to seek help. Available at http://ohioline.osu.edu/flm01/FS25.html

Sharon Mader, Ohio State University Extension (419) 334-6340 or mader.1@cfaes.osu.edu

Oklahoma

Resources

The Oklahoma Cooperative Extension Service has prepared an abstract entitled *Children in Grandparent Care*. Availble at http://www.fcs.okstate.edu/publications/research-update/03-04/docfiles/GrandparentCare.doc

Debbie Richardson, Child Development Assistant Specialist (405) 744-6231 or dlricha@okstate.edu

Oregon

State Network

The Oregon State University (OSU) Extension Family and Community Development Program, in collaboration with the Oregon Family Caregiver Support Program and Oregon AARP, coordinate a statewide Relatives as Parents Program (RAPP) Task Force.

Sally Bowman, OSU Extension Family and Community Development Program (541) 737-1020 or bowmans@oregonstate.edu or Debbie Foote, Community Resource Coordinator, Dept. of Human Services, District 2 (503) 872-5586 or debbie.foote@state.or.us

Resources

Two educational resources have been produced by the Task Force: *Oregon's Legal Guide for Grandparents and Other Relatives Raising Children (2008)*, and *A Resource Guide for Grandparents and Other Relatives Raising Children in Oregon (2007)*. These resources are available free of charge by calling an Oregon local county extension office, Oregon AARP at (866) 554-5360, or teresa. Crowley@oregonstate.edu . They are also accessible at http://extension.oregonstate.edu/fcd/LegalGd.pdf and http://extension.oregonstate.edu/fcd/ResourceGd.pdf

In addition, *Parenting Grandchildren* is online at http://extension.oregonstate.edu/fcd/parentchild/grandchildren/index.php

Pennsylvania

Resources

A section of The Penn State University Agricultural & Extension Education Intergenerational Programs and Aging Web site is dedicated to Grandparents Raising Grandchildren at http://intergenerational.cas.psu.edu/GRG.html

Grandparents Raising Grandchildren: Doubly Stressed, Triply Blessed can be ordered through http://intergenerational.cas.psu.edu/Available.html

Matt Kaplan, Intergenerational Programs and Aging (814) 863-7871 or msk15@psu.edu

Tennessee

Resources

Grandparents and Other Relative Caregivers as Parents is a curriculum containing six lessons. The curriculum provides discussions to allow caregivers to understand what they should do in situations involving the immediate needs of dependent children. It also addresses basic concerns of caregivers in dealing with social and legal issues the families may encounter. Community resources are also referenced.

Thelma Sanders, Family Life Specialist (615) 963-5547 or tsanders@tnstate.edu

Texas

State Network

Texas AgriLIFE Extension, in association with the Texas Department of Aging and Disability Services, Texas Area Agencies on Aging, the Texas Legal Services Center and through a grant from the Brookdale Foundation, administers a website that serves grand-parenting needs at http://fcs.tamu.edu/families/aging/grg/

Local Network

Texas AgriLIFE Extension serves as the supporting agency for the implementation of an ongoing support group for grandparents desiring to strengthen their parenting skills through

the Willis Independent School District Grandparents Group. Extension helps the group identify goals, plan educational programs, and connect grandparents.

Linda Mock, County Extension Agent (936) 539-7825 or l-mock@tamu.edu

Resources

Audio/visual resources, exhibits, fact sheets, forms, lessons, and newsletters are available at http://fcs.tamu.edu/families/aging/grg/leaders.php

Virginia

Resources

Virginia Cooperative Extension has developed a curriculum and lecture series entitled *Grandparents Raising Grandchildren: Rights and Responsibilities*. Online at http://www.ext.vt.edu/pubs/gerontology/350-255/350-255.html

Washington

Resources

Washington State University Extension, Aging and Disability Services Administration, and the State Relatives as Parents Program (RAPP) Coalition developed a website in 2001. This site contains information on support groups, kinship media articles, legal resources, links to other related websites, a video lending library, kinship legislative reports, articles on how to start and maintain support groups, and access to new resource guides. Visit http://www1.dshs.wa.gov/kinshipcare/

Extension also collaborated in 2007 to develop a statewide kinship care training entitled *Helping Children - Supporting Kinship Families through Collaboration*. Available online, viewers learn about resources available to kinship families, best practices in serving kinship families, and the latest developments in community collaboration. Visit http://cru84.cahe.wsu.edu/cgi-bin/pubs/stm0019.html

Trainers from Washington State University conduct trainings for community educators, support group leaders, and Head Start directors based on *Parenting the Second Time Around* curriculum (see New York).

West Virginia

State Network

The West Virginia Relatives as Parents Program (WVRAPP) is an educational and referral program for West Virginia kinship caregivers and their families. The program, a collaboration between West Virginia University Extension Service and Mission WV, Inc., offers informational workshops for support group facilitators, community agencies, and caregivers, as well as referrals to community resources. Its objective is to create and expand supportive, community-based services for kinship caregivers, improve community and state agency responses to grand families, and raise community awareness. The WVRAPP program is a contributor to the grandparent content area of the Family Caregiver Community of Practice at www.extension.org

West Virginia support groups are facilitated by Extension Educators, social service agency personnel, and kinship caregivers. Facilitators and interested service personnel are linked by the RAPP listsery.

Allison Nichols, West Virginia University Extension Service (304) 293-5691 Ext. 3451 or ahnichols@mail.wvu.edu

Resources

The West Virginia RAPP program has fact sheets for kin caregivers on educational issues, the West Virginia Court system, insurance options, health issues, and two booklets: *Legal Guide: Legal Options for Relative Caregivers in West Virginia*, and *What West Virginia Kin-Caregivers Want to Know: Questions and Answers About the Child Welfare System in West Virginia*.

Grandparents Raising Grandchildren explores some of the joys and challenges in raising a second generation as well as information and support services that may be of assistance to the grandparents and their families. Visit

http://www.wvu.edu/~exten/infores/pubs/fypubs/240.wl.pdf

A survey of West Virginia relative caregiver characteristics (sex, age, marital status, education, physical health), types of services used, and services needed is also available.

Allison Nichols, West Virginia University Extension Service (304) 293-5691 Ext. 3451 or ahnichols@mail.wvu.edu

Wisconsin

State Network

The Wisconsin Grandparents Raising Grandchildren Support Network is a statewide network of service providers who work together on issues and concerns facing grandparents raising grandchildren. Leadership is provided by the Dane County Area Agency on Aging with the University of Wisconsin-Extension being a consultant to the network. Quarterly phone conferences keep network participants up to date on local services available to kinship care families, including social and legal services, and public benefits. The network uses the UW-Extension *Grandparenting Today* website,

http://www.uwex.edu/ces/flp/grandparent/index.cfm, to post information and resources for

professionals and relative caregivers. Some of the resources include county specific data, fact sheets, list of support groups, and the GRAND Resource Guide.

Mary Brintnall-Peterson, University of Wisconsin–Extension (608) 262-8083 or mary.brintnall-peterson@ces.uwex.edu

Education Programs

Wisconsin and Indiana Extension provided leadership to two national satellite programs. See pages 1-2 of this document for additional detail.

Through the Eyes of a Child: Grandparents Raising Grandchildren fact sheet series is tailored specifically for grandparents raising young children (birth to age eight). The focus is on family relationships and child development rather than legal or financial issues. Topics include understanding children's behaviors, the importance of close relationships and open communication, and maintaining contact with parents. *Grandparents Raising Grandchildren* was developed by specialists at the University of Wisconsin-Madison and University of Wisconsin-Extension with feedback from grandparents and experts in the field. Beautiful color drawings by young artists help bring the series to life. To download a free copy, visit www.uwex.edu/relationships/. To order a set, call Extension Publications at (877) 947-7827 and ask for B3786. Specify whether you'd like it printed in color or black and white.

Resources

The GRAND (Grandparents/Relatives Raising and Nurturing Dependent Children) Resource Guide provides answers to questions grandparents have who are parenting again. It was developed so Wisconsin counties could localize the resource section of each chapter. The content of the eight chapters include: child care, counseling, education, financial assistance, health, housing, legal, and parenting again. GRAND can be viewed at http://www.uwex.edu/ces/flp/grandparent/grand

Mary Brintnall-Peterson, University of Wisconsin–Extension (608) 262-8083 or mary.brintnall-peterson@ces.uwex.edu

Journal Articles and Books

Dolbin-MacNab, M.L., & Targ, D.B. (2003). Grandparents raising grandchildren: Guidelines for family life educators and other family professionals. In B. Hayslip, Jr. and J.H. Patrick (Eds.), *Working with custodial grandparents*, (pp.213-288). New York: Springer.

Targ, D. B., & Brintnall-Peterson, M. (2001). Grandparents raising grandchildren: Impact of a national satellite video program. *Journal of Family Issues*, 22, 579-593.

Williams, D.K. (2000). Grandparents raising our children's children. Moscow, ID: University of Idaho Ag Communications.

Brintnall-Peterson, M. (2000) When grandparents are parents again. *Journal of Family & Consumer Sciences: From Research to Practice*, 92, 36.

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